

## DAILY COVID-19 SCREENING CHECKLIST FOR NCSI CONSUMERS

Per NCSI's *COVID-19 Preparedness Plan*, consumers and their parents/guardians/residential providers are required to self-monitor for these signs/symptoms of COVID-19 prior to coming to NCSI.

Has the consumer had any of the following symptoms since the last time they were at NCSI that cannot be attributed to another health condition?

- o Fever (100.4 or higher), or feeling feverish
- o Chills
- New and persistent dry cough
- Difficulty breathing (unable to hold breath for 20-30 seconds)
- New sore throat
- New muscle aches
- New headache
- New loss of smell or taste

If any of these symptoms are present, the consumer or their parent/guardian/residential provider must notify NCSI's executive director Jennifer Freeburg at 651-636-3343 ext. 101 or Jennifer.Freeburg@northeastcontemporaryservices.org and the consumer must stay at home until the symptoms have subsided for a minimum of three consecutive days, without the use of medications. Thank you for your cooperation and support!